

# Delegate Pack

Veterans' Mental Health Conference 2019: Evidence, Innovation and Practice The Great Hall, Strand Campus, King's College London 14 March 2019

#### Dear Delegate,

Thank you for registering for this year's Veterans' Mental Health Conference on 14 March 2019. In preparation for the conference, we have put together some information that I hope will be helpful to you. This pack contains information about how to reach the venue, the programme for the day, our poster competition and the full list of speaker biographies.

Please note that for security reasons, it is <u>essential</u> that you are registered and seated by 9.20am in the Great Hall. Registration will commence at 8.30am in the main entrance to the King's College London Strand Campus. Any delegate who is not seated by 9.20am will have to wait until an appropriate time to quietly enter the room and may miss a portion of the opening session.

#### Venue

Great Hall
King's College London
Strand Campus
London WC2R 2LS
Detailed maps and how to get to the campus are available online.

#### Registration

On Thursday 14 March registration will commence at 8:30am until 9:20am where you will be able to collect your delegate name badge, security wristband, conference merchandise and a copy of the programme.

It is essential that you are registered and seated by 9.20am in the Great Hall. For security reasons, delegates who are not seated by this time may have to wait until an appropriate time to gain access to the Great Hall and may miss a portion of the morning session.

We kindly ask all our delegates to please bring photographic ID to registration – this is <u>essential</u> to gain your conference credentials. All bags, apart from small handbags, will need to be checked in to our free cloakroom. The cloakroom is located next to the Great Hall and will be open from 8.30am until 7.30pm. Volunteers will be available on the day to direct you.

#### <u>Programme</u>

Please find included the programme for the day. Please keep an eye on our dedicated website for any programme updates at: <a href="https://www.kcmhr.org/vmhc2019/index.html">https://www.kcmhr.org/vmhc2019/index.html</a>

#### Poster Competition

Guests attending on the day are invited to vote in the <u>People's Choice</u> category of our Veterans' research poster competition. These posters will be displayed in the Small Committee Room and around the Great Hall. Each poster has a number on the board beside it that corresponds to the number you can use to place your vote. Please do take

the time to have a look at each poster. You can place your vote <u>before 3.40pm</u> on the 14 March 2019 by writing your choice on the voting slip provided and placing your entry in the competition box located in the Great Hall. One voting slip per delegate will be issued at registration. Winners will be announced during the Drinks Reception held from 5.25pm – 7.00pm.

#### Wireless Internet Access

Free wireless internet access is available to all delegates. Upon arrival please select the network 'The Cloud' and create your guest user account to use this service.

### **Dietary Requirements**

All dietary requirements as advised via email have been accommodated.

#### Access Requirements

Please do let us know if you have any particular access requirements that we should be aware of in advance of the conference by emailing: <a href="mailto:veterans-conference@kcl.ac.uk">veterans-conference@kcl.ac.uk</a>.

### Conference Attire

Conference attire is smart casual.

#### Certificates

Certificates of attendance will be issued following the conference. Please do not forget to fill out and return your **feedback form** which is included in your delegate conference bag.

#### Public Transport

Please visit the <u>Transport for London</u> website for everything you need to know about public transport around the city: maps, guides, London journey planner, schedules, route information and online tickets. Free maps and guides are available at all London Underground (Tube) stations.

Please note that London buses do not accept cash.

On behalf of the King's Centre for Military Health Research and the Forces in Mind Trust, I look forward to welcoming you on the day. If you should have any questions, please do not hesitate to contact our team via email: <a href="mailto:veterans-conference@kcl.ac.uk">veterans-conference@kcl.ac.uk</a>.

Yours sincerely,

Professor Neil Greenberg

N. Vineutzer

Professor of Defence Mental Health

King's Centre for Military Health Research





## Veterans' Mental Health Conference Evidence, Innovation and Practice

Thursday 14 March 2019 | 8.30am (9.20am) – 5.25pm (7.00pm) The Great Hall, Strand Campus, King's College London

## **Programme**

08.30-9.15	Registration & Refreshments
Session 1:	Chaired by: Prof Sir Simon Wessely, King's Centre for Military Health Research
09.30-09.35	Prof Sir Simon Wessely – Welcome to the Conference remarks
09.35-09.50	The Rt Hon Tobias Ellwood MP PC, Minister for Defence People and Veterans – Opening Address
09.50-10.35	Prof Zahava Solomon, Tel Aviv University, Israel, the longer-term mental health impacts of military service
10.35-11.05	Ms Kacie Kelly, Director of Health & Wellbeing, Military Service Initiative, George W Bush Institute, Innovative approaches to empowering veterans to seek care
11.05-11.35	Dr Heidi Cramm, Queens University, Canada, Serving in the emergency services after military service
11.35-12.00	Dr Charles Winstanley, Contact, Working together to improve the mental health of the Armed Forces Community
12.00-13.00	Lunch, Networking and Poster Competition Judging
Session 2:	Chaired by: Sue Freeth, Combat Stress
13.00-13.10	Sue Freeth, Combat Stress – 100 Years and going strong

13.10-13.40	Jonathan Beale, BBC, The media's view of the mental health of veterans
13.40-14.10	Dr Jonathan Leach, NHS, What's new and how can we do more – the NHS England perspective?
14.10-14.40	Prof Jonathan Bisson, Cardiff University, Innovations in the treatment of PTSD in veterans
14.40-15.10	Dr Daniel Leightley and Dr Laura Goodwin, KCMHR and University of Liverpool, <i>InDEx</i> – an app to manage alcohol misuse in veterans
15.10-15.40	Afternoon tea
Session 3:	Chaired by: Hans Pung, Forces in Mind Trust
15.40-16.05	Prof Edgar Jones, KCMHR, The symptoms and beliefs of UK Veterans with long-term psychological wounds: what are the implications for practice today?
16.05-16.30	Daniel Phillips and Anna Marcinkiewicz, NatCen, The mental health of serving and ex-service personnel: A review of the evidence
16.30-16.55	Dr Beverly P Bergman, University of Glasgow, The mental health of veterans in Scotland
16.55-17.20	Dr Dominic Murphy, Combat Stress and KCMHR, Moral Injury in military veterans
17.20-17.25	The End of the Day - Prof Neil Greenberg, Royal College of Psychiatrists Lead for Military and Veterans' Health
17.25-19.00	Drinks Reception & Networking

## Sponsored by



## Speaker Biographies

Professor Sir Simon Wessely King's Centre for Military Health Research

#### Session 1 Chairman

#### Welcome to the Conference

Simon Wessely studied medicine and history of art at Trinity Hall, Cambridge and University College Oxford, graduating in 1981. He obtained his medical membership in Newcastle, before moving to London to train in psychiatry at the Maudsley. He has a Master's and Doctorate in epidemiology. He is consultant liaison psychiatrist at Maudsley and King's College Hospitals.

He founded the King's Centre for Military Health Research. Its flagship project is a large-scale ongoing study of the health and wellbeing of the UK Armed Forces, and has had a direct impact on public policy and on forms of treatment and help for Service personnel. Professor Wessely has over 750 original publications, with an emphasis on the boundaries of medicine and psychiatry, unexplained symptoms and syndromes, military health, population reactions to adversity, and epidemiology.

He is active in public engagement activities, speaking regularly on radio, TV and at literary and science festivals. He is a trustee of Combat Stress and his contributions to veterans' charities include cycling (slowly) eight times to Paris to raise funds for the Royal British Legion.

In 2012 he was awarded the first Nature "John Maddox Prize" for Standing Up for Science. He was knighted in 2013 for services to Psychological Medicine and Military Health. Between 2014 and 2017 he was President of the Royal College of Psychiatrists.

## The Rt Hon Tobias Ellwood, MP PC Minister for Defence People and Veterans

## **Opening Address**

Tobias Ellwood was appointed Parliamentary Under–Secretary of State at the Ministry of Defence on 14 June 2017. Tobias served as Parliamentary Under–Secretary of State at the Foreign and Commonwealth Office from July 2014 to June 2017. He was elected Conservative MP for Bournemouth East in May 2005.

Tobias was educated in Bonn and Vienna when his parents were overseas as members of the United Nations. He returned to attend Loughborough University and subsequently completed an MBA at City University Business School. He also completed the senior executive course in National and International Studies at the Kennedy School of Government, Harvard University.

Tobias was in the Royal Green Jackets from 1991 to 1996, and served in Northern Ireland, Cyprus, Kuwait, Germany, Gibraltar and Bosnia. He left the Army at the rank of Captain and is a current Army Reservist. Tobias was a senior business development manager with the London Stock Exchange for two years, and then with Allen and Overy in a senior role.

Tobias is married to Hannah, and he has two young sons. He is a keen sportsman, a qualified pilot and an Eagle Scout.

## Professor Zahava Solomon Tel Aviv University

## Israel, the longer-term mental health impacts of military service

Prof. Solomon is currently the head of the I-CORE Research Center for Mass Trauma at Tel Aviv University. Formerly, she held roles as the Head of Research in Mental Health in the Israeli Defense Forces, Medical Corp. Lt. Col. (retired) and as the Head of the Adler Research Center. She has published over 400 academic articles and seven books.

Prof Solomon has earned numerous Israeli and international awards, including the Prize of Israel (2009), which is the highest distinction bestowed by the State of Israel for academic excellence. Her longitudinal studies of traumatized veterans, including prisoners of war, Combat Stress reaction casualties and their families, as well as decorated veterans, spans over 4 decades and are unique and unparalleled in scope, depth and breath.

Prof Solomon's research is scholarly sophisticated, clinically meaningful and exceptionally exemplifies the value of theoretical scholarship in combination with clinically applicable empirical results. Her work has true social significance as it not only informs but also helps shape the psychosocial treatment and rehabilitation of traumatized soldiers and their families.

## Ms Kacie Kelly

## Director of Health & Wellbeing and Deputy Director of the Military Service Initiative, George W. Bush Institute

## Innovative approaches to empowering veterans to seek care

Kacie Kelly oversees policy, operational, and programmatic efforts on veteran health and well-being at the George. W. Bush Presidential Center. She manages strategic efforts to promote partnerships, collaboration, and alignment among key stakeholders addressing the invisible wounds of war among post-9/11 military families, including the Bush Institute's Warrior Wellness Alliance.

Prior to this role, Kacie served as the National Director for Public-Private Partnerships in the U.S. Department of Veterans Affairs Office for Suicide Prevention & Mental Health where she was responsible for developing a comprehensive and integrated public health approach to prevent suicide among the 14 million Veterans not engaged in VA healthcare. Throughout her 15-year career with VA, she led innovative programs to serve more Veterans and their families through strategic partnerships within government and across public and private sectors. In addition, she had leading roles to promote military culture competence in the community, outreach efforts to reduce stigma associated with seeking mental healthcare, and to enhance provider proficiency in evidence-based mental health care for veterans. She earned her Master of Health Sciences (MHS) at Louisiana State University and has a Graduate Certificate in Women in Public Policy and Politics from the University of Massachusetts - Boston.

Dr Heidi Cramm

Assistant Professor, Faculty of Health Sciences, School of Rehabilitation

Therapy

Queen's University, Canada

## Serving in the emergency services after military service

Dr Cramm is an occupational therapist and researcher, and an assistant professor in the School of Rehabilitation Therapy at Queen's University. Her clinical background has revolved around children and adolescents who struggle with mental health issues, and her research has contributed to developing awareness of executive functioning issues, which can significantly impact children's participation in novel, dynamic, and cognitively-demanding tasks.

She is an adjunct faculty at the Ivey School of Business at Western University and a researcher with the Canadian Institute of Military and Veteran Health research, focusing on child and family research issues.

## Dr Charles Winstanley Chair of Contact

### Working together to improve the mental health of the Armed Forces

Charles Winstanley's NHS journey began with a collision between a scaffolding pole and his motorcycle in a dark Norfolk lane in 1999. After surgery at the Norfolk Norwich University Hospital, he joined their board for two terms. He chaired GMC Fitness to Practice panels until 2007. A move to Scotland led to an offer to chair the UK's second largest health system, NHS Lothian, with 30,000 staff and an annual budget of £2 billion. During his two terms in that role Charles was elected Chair of Scotland's NHS Chairs. The UK Academy of Medical Royal Colleges appointed him Board Chair in 2016, and to a second term from 2019. Since late 2018 he has also chaired Contact.

Trained at Sandhurst and Staff College, Charles was a regular soldier through the 1970s. He served with an armoured reconnaissance regiment in Northern Ireland, West Germany, and Cyprus (during the Turkish invasion). In 1980s territorial service he commanded BAOR-deployed armoured reconnaissance units based in London and Belfast and was then on the MoD staff. After business roles in manufacturing and communications, he ran his own strategy consultancy for 18 years. Charles has masters and doctoral degrees in business management from Henley Business School. He has been a non-executive director at the Ministry of Defence, Scottish Government, and the UK Supreme Court; a member of the Asylum and Immigration Tribunal since 1993, he has been a Deputy Lieutenant of London since 1997. He chairs the military sub-committee of the Cabinet Office Honours, Decorations and Medals Committee.

Charles is married to a museum director, has four children (one a junior doctor), and divides his time between Edinburgh and the Isle of Arran.

## Sue Freeth Chief Executive, Combat Stress

### Session 2 Chairman

### Combat Stress – 100 years and going strong

Sue joined Combat Stress in 2016 as the first female Chief Executive in the charity's 100-year history. Since her arrival, the charity has increased its profile and contributes actively to veterans' mental health and particularly military trauma healthcare. Sue has set out a new strategic direction in the face of growing demand for military trauma treatment and a changing NHS landscape.

Sue joined Combat Stress following a decade as Director of Welfare and latterly Director of Operations at The Royal British Legion (TRBL). At TRBL she commissioned the first UK veterans' population mapping studies and initiated and led the early stages of the Armed Forces Covenant campaign and a string of other successful parliamentary policy campaigns. During her 10-year tenure she transformed TRBL's service footprint across the UK, opened its 16 high street Pop-in-Centres and tripled its services. Prior to joining TRBL she held a series of leadership roles at Scope, the UK cerebral palsy charity including a year's secondment to the Department of Health on a community care task force preparing local councils for implementing the 2001 Health & Community Care Act.

Sue has served on MoD and NHSE committees and was a Cobseo Non-Executive Director representing Combat Stress. She is currently serving on a steering group board of a veterans' sector emerging leaders programme hosted by Clore Social and Forces in Mind Trust. She also serves as a consortia member on the Veterans' Gateway Strategy Board. Sue is a former lay member on NHS England Armed Forces Clinical Reference Group, partner member of MoD Defence Recovery Partnership Board, Royal Commonwealth Ex-Services League Welfare Committee, World Veterans Association Medical Advisory Committee and trustee of several veterans' charities.

Sue holds a BA Hons from Exeter University and an MBA from Aston Business School and is EQM qualified.

## Jonathan Beale Defence Correspondent, BBC

#### The media's view of the mental health of veterans

Jonathan Beale is the BBC's Defence Correspondent.

He focuses on UK defence policy and Britain's Armed Forces but also covers international defence news. Jonathan has reported from recent conflict zones including Afghanistan, Iraq and Syria. Before the defence beat he worked in Washington DC for five years as a BBC North America Correspondent – first covering the US State Department and then the 2009 Obama election.

Prior to that he reported from Westminster as a BBC Political Correspondent working on daily news and weekly political programmes. He also spent two years covering the European Union from Brussels along with other short stints abroad. Jonathan has been working for the BBC since 1989. He is married to Sarah, also a journalist. They have two children and live in South London. He is not an expert in military mental health but is still bravely willing to share a few observations to an audience who knows much more.

## Dr Jonathan Leach

Chair, NHS England Armed Forces and their Families Clinical Reference Group, Joint Honorary Secretary Royal College of General Practitioners and General Practitioner Davenal House Surgery Bromsgrove

## What's new and how can we do more – the NHS England perspective?

Dr Jonathan Leach is a GP in Bromsgrove, Worcestershire. Jonathan originally pursued a military career for 25 years and worked around the world in the Army being promoted to the rank of Colonel in 2002. Posts comprised clinical, managerial and academic roles, including Professor of General Practice and Director of GP Education, as well as providing medical support for UK operations overseas in both clinical and command capacities.

Since returning to the NHS in 2008, he has held senior executive positions, including Medical Director and Director of Primary Care for Worcestershire and Associate Medical Director for NHS England. In addition to clinical work in Bromsgrove, Jonathan is the Chair of the NHS England Armed Forces and their Families Clinical Reference Group which advises the NHS in England on the care of service personnel, their families and veterans. In this role he has been instrumental in the design and delivery of the new models of care for veterans and especially in the field of mental health.

He is also involved in developing a network of 'veteran friendly' NHS GP practices as part of a partnership with the Royal College of General Practitioners; this currently has 85 surgeries signed up to the initiative with the intention that it will be rolled out nationally. In addition to the above roles, Jonathan is Joint Honorary Secretary for the Royal College of General Practitioners.

Professor Jonathan I Bisson

Division of Psychological Medicine and Clinical Neurosciences, School of Medicine

Cardiff University / Prifysgol Caerdydd

#### Innovations in the treatment of PTSD in veterans

Jon is a practising psychiatrist and professor in psychiatry at Cardiff University. He has conducted various studies including two widely cited randomised controlled trials of early psychological interventions following traumatic events and five Cochrane systematic reviews in the traumatic stress field.

He was co-chair of the UK's first PTSD NICE Guideline Development Group and chairs the International Society for Traumatic Stress Studies' Treatment Guidelines Committee. He developed the first liaison psychiatry, traumatic stress and veterans' mental health services in Wales and is currently leading on the development of an all-Wales traumatic stress quality improvement initiative.

He developed and continues to lead Cardiff University's Traumatic Stress Research Group and has been awarded 31 research grants worth over £10 million. His current research includes randomised controlled trials of a guided self-help intervention for mild to moderate PTSD, and 3MDR for treatment-resistant PTSD in veterans.

He has over 150 publications, regularly teaches and supervises undergraduates, postgraduates, health and other professionals. He has delivered over 150 presentations to various meetings and conferences in 17 different countries, including 42 keynote/plenary presentations.

Dr Daniel Leightley King's Centre for Military Health Research, King's College London

Dr Laura Goodwin University of Liverpool

### InDEx – an app to manage alcohol misuse in veterans

Dr Daniel Leightley is a Post-Doctoral Research Associate at the King's Centre for Military Health Research specialising in military health technologies. His research focuses on the interface between machine learning and mobile health technologies, specifically focused on diagnosis, treatment, intervention and management of physical and mental health conditions in the Armed Forces community. Dr Leightley's background is in artificial intelligence and machine learning, with publications featured in the Journal of Mental Health, mHealth and the Journal of Medical Informatics.

Dr Laura Goodwin is Lead for the Addiction Research Group at the University of Liverpool and is a Senior Lecturer in the Epidemiology of Mental Health and Addictions and a Visiting Lecturer at King's College London. Laura has a PhD in Health Psychology and post-doctoral experience in Psychiatric Epidemiology. Her interests include military health, links between physical and mental health, alcohol research, and life course epidemiology, with expertise in cohort studies, electronic healthcare records, and development of electronic interventions. Laura has led a number of high impact studies around alcohol and mental health comorbidity, including a highly cited systematic review on the comorbidity of alcohol misuse and post-traumatic stress disorder. She has been funded by the ESRC for a data linkage study on the longer-term consequences of alcohol misuse, by the MRC to develop an electronic alcohol app (*InDEx*) for veterans and by the Forces in Mind Trust for two projects around help seeking for alcohol problems in veterans and identifying the current mental health needs of veterans in the UK. Laura has published over 40 peer reviewed articles.

## Hans Pung Forces in Mind Trust

#### Session 3 Chairman

Hans Pung is the Chairman of the Forces in Mind Trust (FiMT), a grant awarding body with the aim of enabling all ex-Service personnel and their families to have a successful and sustainable transition to civilian life. Founded in January 2012 by a £35 million Big Lottery Fund 20-year endowment, FiMT awards grants and commissions research, influences the ex-service member stakeholder community, and supports wider projects that deliver long-term solutions to the challenges faced by transitioning military personnel and their families.

When not undertaking his Chairman duties, Hans is the President of RAND Europe, a not-for-profit public policy research organisation that helps improve policy and decision-making through research and analysis. With offices in Cambridge (UK), and Brussels (BE), RAND's staff undertakes empirical studies for public, private, and third sector clients on a diverse range of policy issues. Hans joined RAND as a policy analyst in 2002 and continues to lead and deliver research projects, particularly around defence industrial economics and security policy issues.

Previously, Hans served as an engineer officer in the United States Army with responsibility for logistics, personnel, and operations and overseas service in the United Kingdom, South Korea, and Germany. He also led the emergency power response team at the Pentagon in the aftermath of 9/11.

A mathematics graduate of the United States Military Academy at West Point where he commanded the United States Corps of Cadets as a senior and played on the (American) football team, Hans also holds advanced degrees in mathematical modelling and modern history from Oxford University, which he attended as a (George C) Marshall Scholar.

Professor Edgar Jones
Programme Leader for MSc in War & Psychiatry
King's Centre for Military Health Research, King's College London

The symptoms and beliefs of UK veterans with long-term psychological wounds: what are the implications for practice today?

Edgar Jones is an authority on the psychological effects of modern war and conflict. He has studied both conventional armed forces and terrorism, exploring how individuals cope during periods of intense stress and the impact of traumatic experiences on their wellbeing.

More recently he has researched moral injury, an enduring belief of being wronged or having been compelled to act in ways that feel wrong, in servicemen and women. Edgar Jones has also published on risk factors for radicalisation and support of political violence. He has written extensively on shell shock, post-traumatic stress disorder and chronic multisymptom illness suffered as a result of military service.

Edgar Jones originally studied history, researching a doctorate at Nuffield College, Oxford. He subsequently joined the department of psychiatry at Guy's Hospital where he completed a doctorate in clinical psychopathology and trained as a psychodynamic psychotherapist. Joining the Institute of Psychiatry in 1998, he is currently programme leader for the MSc in War and Psychiatry at King's College London.

Daniel Phillips Research Director – Evaluation Team

Anna Marcinkiewicz – Researcher (Social Attitudes) Natcen

The mental health of serving and ex-service personnel: A review of the evidence

Daniel Phillips is a Research Director in NatCen's Evaluation team where he specialises in the design of evidence reviews, as well as experimental and quasi-experimental impact evaluations. He is experienced in theory based and mixed-method evaluation approaches. He also has methodological expertise in systematic review, rapid review, evidence mapping and other evidence synthesis approaches. Daniel is also an Associate Editor at the Campbell Collaboration, a group promoting systematic reviews and other evidence synthesis for evidence-based policy and practice.

Anna Marcinkiewicz is a Senior Researcher at NatCen's Communities, Income and Work team with six years' experience in delivering policy-relevant research. She has previously worked at NatCen's Edinburgh office (ScotCen) where she has led a range of quantitative and qualitative projects, including the Scottish Social Attitudes survey. She is experienced in leading evidence review projects and is responsible for the day-to-day management of the systematic review on 'The mental health needs of serving and ex-Service personnel' carried out by NatCen on behalf of the Forces in Mind Trust.

Dr Beverly P Bergman Honorary Senior Research Fellow University of Glasgow

#### The mental health of veterans in Scotland

Dr Beverly Bergman is a consultant in public health and former Army GP. She qualified in medicine in 1976 at the University of Birmingham, and her early years were spent in General Practice, working in Germany, Northern Ireland, Hong Kong, Cyprus and Belize. She then trained in Public Health, becoming a Consultant in 2000 whilst working in the Army Medical Directorate of the Ministry of Defence.

In 2007, she was appointed Army Parkes Professor of Preventive Medicine, a position she held until her retirement from the Army in 2012 after a full career in the RAMC, finishing in the rank of Colonel. Her last military appointment was as Military Medical Liaison Office to the Scottish Government. She currently runs the Scottish Veterans Health Research Group at the University of Glasgow, where she completed a PhD study on the long-term health of veterans in 2015.

She has a long-standing interest in the history of medicine and especially in the history of military public health. In her spare time, she is Chairman of the Heraldry Society of Scotland and Vice-President of the Royal Scottish Society of Arts, as well as an active member of Edinburgh Geological Society and the Lothian and Borders GeoConservation Group. She was Deacon of the Incorporation of Cordiners in Glasgow in 2014-15, one of the 14 medieval Trades Guilds in the city which is still in existence and now functions as a charity supporting education and the under-privileged. She was appointed to the First Tier Tribunal (Social Entitlement Chamber) as Medical Member in January 2011 and to the Pensions Appeal Tribunal Scotland (War Pensions and Armed Forces Compensation Scheme) in 2015.

## Dr Dominic Murphy Combat Stress and King's Centre for Military Health Research, King's College London

## Moral injury in military veterans

Dr Dominic Murphy has worked within the field of PTSD and military mental health since 2003. He gained his PhD in from the King's Centre for Military Health Research (KCMHR) in 2010 before completing his Doctorate in Clinical Psychology at Royal Holloway University in 2013. Since 2013, Dr Murphy has worked at Combat Stress where he established and now runs a research department. He is a board member on the UK Psychological Trauma Society and is widely published within this area with over 50 journal articles. He continues to be a member of the KCMHR department at King's College London.

## Professor Neil Greenberg, Royal College of Psychiatrists Lead for Military and Veterans' Health

## The end of the day: closing remarks

Professor Greenberg is a consultant academic psychiatrist at King's College London. Neil served in the United Kingdom Armed Forces for more than 23 years and has deployed to many hostile environments including Afghanistan and Iraq.

Neil has published more than 200 scientific papers and book chapters many of which are on occupational and traumatic stress management. He is a past President of the UK Psychological Trauma Society, the Royal College of Psychiatrists Lead for Military and Veterans' Health and runs March on Stress (<a href="www.marchonstress.com">www.marchonstress.com</a>) a psychological health consultancy which aims to promote better mental health within organisations.