



# Delegate Pack

## **Veterans' Mental Health Conference 2020: Bridging the Gap**

The Great Hall, Strand Campus, King's College London

12th March 2020

Dear Delegate,

Thank you for registering for this year's Veterans' Mental Health Conference on 12<sup>th</sup> March 2020. In preparation for the conference, we have put together some information that I hope will be helpful to you. This pack contains information about how to reach the venue, the programme for the day, our poster competition and the full list of speaker biographies.

Please note that for security reasons, it is essential that you are registered and seated by 9:00 am in the Great Hall. Registration will open at 8:30 am the main entrance to the King's College London Strand Campus. Any delegate who is not seated by this time will have to wait until an appropriate time to quietly enter the room and may miss a portion of the opening session.

### **Venue**

Great Hall

King's College London

Strand Campus

London WC2R 2LS

Detailed maps and how to get to the campus are available [online](#).

### **Registration**

On Thursday 12<sup>th</sup> March at registration you will be able to collect your delegate name badge, security wristband, conference merchandise and a copy of the programme.

**We kindly ask all our delegates to please bring photographic ID to registration – this is essential to gain your conference credentials.** All bags, apart from small handbags, will need to be checked in to our free cloakroom. The cloakroom is located next to the Great Hall and will be **open until 7.30pm**. Volunteers will be available on the day to direct you.

### **Programme**

Please find below the programme for the day. Please keep an eye on our dedicated website for any programme updates at: <https://kcmhr.org/vmhc2020/index.html>

### **Poster Competition**

Guests attending on the day are invited to vote in the **People's Choice** category of our Veterans' research poster competition. These posters will be displayed in the Small Committee Room and around the Great Hall. Each poster has a number on the board beside it that corresponds to the number you can use to place your vote. Please do take the time to have a look at each poster. You can place your vote **before 3.30pm** on the 12<sup>th</sup> March 2020 by writing your choice on the voting slip provided and placing your entry in the competition box located in the Great Hall. One voting slip per delegate will be issued at registration. Winners will be announced during the Drinks Reception held from 5.15pm – 7.00pm.

### **Wireless Internet Access**

Free wireless internet access is available to all delegates. Upon arrival please select the network 'The Cloud' and create your guest user account to use this service.

### **Dietary Requirements**

All dietary requirements as advised via email have been accommodated.

### **Access Requirements**

Please do let us know if you have any particular access requirements that we should be aware of in advance of the conference by emailing: [veterans-conference@kcl.ac.uk](mailto:veterans-conference@kcl.ac.uk).

### **Conference Attire**

Conference attire is smart casual.

### **Certificates**

Certificates of attendance will be issued following the conference. Please do not forget to fill out and return your **feedback form** which is included with your conference merchandise.

### **Public Transport**

Please visit the [Transport for London](http://tfl.gov.uk) website for everything you need to know about public transport around the city: maps, guides, London journey planner, schedules, route information and online tickets. Free maps and guides are available at all London Underground (Tube) stations.

Please note that London buses do not accept cash.

On behalf of the King's Centre for Military Health Research and the Forces in Mind Trust, I look forward to welcoming you on the day. If you should have any questions, please do not hesitate to contact our team via email: [veterans-conference@kcl.ac.uk](mailto:veterans-conference@kcl.ac.uk).

Yours sincerely,



### **Professor Neil Greenberg**

Professor of Defence Mental Health  
King's Centre for Military Health Research





## **Veterans' Mental Health Conference**

Thursday 12 March 2020 | 08.30 (09.00) – 17.15 (19.00)

The Great Hall, Strand Campus, King's College London

### Programme

#### **08.30-09.00 Registration & Refreshments**

#### **Session 1: Chaired by: Prof Sir Simon Wessely, King's Centre for Military Health Research**

09.00-09.05 Prof Sir Simon Wessely – Welcome to the Conference

09.05-09.30 The Rt Hon Johnny Mercer MP, Minister for Defence People and Veterans -  
Opening Address

09.30-10.00 Dr Emily Mayhew - The Trustees of Each Other: Building Expertise into the  
Peer to Peer Support Model for Veterans

10.00-10.30 Mr Michael Coates - Combat Pest Control

10.30-11.00 Morning Coffee Break

#### **Session 2: Chaired by: Prof Nicola Fear, King's Centre for Military Health Research**

11.00-11.30 Prof Nav Kapur – Suicide and military Veterans

11.30-12.00 Prof Thanos Karatzias - PTSD and Complex PTSD in veterans: Assessment &  
Treatment

12.00-12.30 Dr Neil Kitchiner - 3MDR as a treatment for veterans with PTSD

#### **12.30-13.30 Lunch and Networking**

**Session 3: Chaired by: Air Vice-Marshal Ray Lock, Forces in Mind Trust**

13.30-13.40 AVM Ray Lock, the Forces in Mind Trust

13.40-14.10 Dr Heidi Cramm - Veteran transition

14.10-14.35 Dr Laura Palmer - PTSD trajectories

14.35-15.00 Dr Sharon Stevelink, Helen Helliwell and David Wiseman - The Royal Foundation  
HEADFIT project

15.00-15.30 Afternoon tea

**Session 4: Chaired by: Mr Hans Pung, Forces in Mind Trust**

15.30-16.00 Dr Deirdre MacManus - Domestic Violence and the military

16.00-16.20 Prof Dag Aarsland - 'Healthy cognitive ageing & dementia risk in military  
veterans'

16.20-16.40 Prof Neil Greenberg – Helping Armed forces Loved One (HALO) trial

16.40-17.10 Dr Dominic Murphy - Supporting partners living alongside veterans with PTSD

17.10-17.15 Prof Neil Greenberg, Royal College of Psychiatrists Lead for Military and  
Veterans' Health, The End of the Day

**17.15-19.00 Drinks Reception & Networking**

Sponsored by



# Speaker Biographies

**Professor Sir Simon Wessely**  
**King's Centre for Military Health Research**

**Session 1 Chairman**

**Welcome to the Conference**

Simon Wessely studied medicine and history of art at Trinity Hall, Cambridge and University College Oxford, graduating in 1981. He obtained his medical membership in Newcastle, before moving to London to train in psychiatry at the Maudsley. He has a Master's and Doctorate in epidemiology. He is consultant liaison psychiatrist at Maudsley and King's College Hospitals.

He founded the King's Centre for Military Health Research. Its flagship project is a large-scale ongoing study of the health and wellbeing of the UK Armed Forces, and has had a direct impact on public policy and on forms of treatment and help for Service personnel. Professor Wessely has over 750 original publications, with an emphasis on the boundaries of medicine and psychiatry, unexplained symptoms and syndromes, military health, population reactions to adversity, and epidemiology.

He is active in public engagement activities, speaking regularly on radio, TV and at literary and science festivals. He is a trustee of Combat Stress and his contributions to veterans' charities include cycling (slowly) eight times to Paris to raise funds for the Royal British Legion.

In 2012 he was awarded the first Nature "John Maddox Prize" for Standing Up for Science. He was knighted in 2013 for services to Psychological Medicine and Military Health. Between 2014 and 2017 he was President of the Royal College of Psychiatrists.

## **The Rt Hon Johnny Mercer**

### **Minister for Defence People and Veterans**

#### **Opening Address**

Born in Kent and raised with his seven siblings by two working parents, Johnny learned early on in his life the vital qualities of teamwork, dedication and perseverance. He achieved 'average' results at school, where he spent more time on the sports field than in the classroom. Being part of a large working family and contributing to the family home meant that employment and not university beckoned, and Johnny worked as an intern in the financial sector of the City of London. From a military family, and with three brothers in the Royal Navy, Johnny could only resist the allure of the military for so long. He elected for the Army over the Royal Navy and subsequently graduated from Sandhurst in 2002. He served from the tactical to the strategic level throughout a career across the globe, including multiple combat operations.

Johnny lives with his wife Felicity who he met at school, and his two young children.

It was Johnny's displeasure at how his cohort of military personnel and veterans were treated by the governments of the day that drove him into politics from a background of never having voted before. In October 2013 Johnny was selected by the Conservative Party to fight his local marginal seat of Plymouth Moor View and won the seat in the 2015 General Election with a less than 1% chance of success.

Whilst campaigning to win in 2015, as Plymouth Moor View was not a target seat, Johnny worked on a building site to raise money as well as infamously starring topless in a shower gel advert!

Johnny serves on both the House of Commons Defence and Health Select Committees and is also the Chair for the All Party Parliamentary Group for Mental Health. He was reelected in 2017 after only two years in the job with an almost five-fold increase in his majority. Johnny speaks regularly in the House of Commons with a focus on defence, veterans and mental health issues.

Having suffered from OCD since he was a little boy, Johnny regularly refers to his own experiences to help drive through much needed change around the stigma of mental illnesses and the parity of esteem between mental and physical health.



Johnny's book, "We Were Warriors, was published in 2017 by Pan Mac and entered the Sunday Times best seller list.

In his book he talks about his journey from a troubled childhood, where he struggles with his mental health, through to his reasons for joining up to the Army, finding his feet in the military and then finding his way from a successful military career into Politics.

He tells of the very serious experiences and close combat fighting in Afghanistan and then moves onto the very comical and haphazard journey into politics, in a very honest, humble and brutal way!

If a book can cover all the emotions from veterans mental health to running away from a strangers front door the first time you go canvassing for a political party, then this is it! It is very funny, warm and uplifting – proving that honesty in politics isn't quite dead!

Johnny also starred in Channel 4's Celebrity Hunted which was aired in October 2018. It was an action packed program where celebrities had to evade capture for two weeks on the run in aid of the 'Stand Up To Cancer' charity. Johnny was crowned the winner along with one other contestant.

In 2018 Johnny took on a non-executive role for Crucial Academy who specialise in training up ex-military personnel to gain the necessary skills to be placed in cyber-security employment roles. This was an opportunity for Johnny to practise what he preaches and actually assist veterans transition from the military into civilian employment.

In the Conservative leadership race in 2019 Johnny and The Sun newspaper successfully managed to get both candidates to sign up to three new Veteran's pledges, one of which was to create a new office of Veterans Affairs in the Cabinet office to ensure cross-departmental collaboration on behalf of Veteran's welfare. In July 2019 Johnny was appointed the Minister for Military Personnel and Veterans in the Ministry of Defence and Minister for Veterans' Affairs in the Cabinet Office. In the General Election in December 2019, Johnny was returned as Member of Parliament Plymouth Moor View with an almost 13,000 majority. A majority unheard of in a marginal Plymouth seat. He remains Minister for Military Personnel and Veterans in the Ministry of Defence and Minister for Veterans' Affairs in the Cabinet Office.

**Dr Emily Mayhew**

**Department of Bioengineering, Imperial College London**

**The Trustees of Each Other: Building Expertise into the Peer to Peer Support Model for Veterans**

Dr Mayhew is a military medical historian specialising in the study of severe casualty, its infliction, treatment and long-term outcomes in 20th and 21st century warfare. She is historian in residence in the Department of Bioengineering, working primarily with the researchers and staff of The Centre for Blast Injury Studies, and a Research Fellow in the Division of Surgery within the Department of Surgery and Cancer. She is based jointly in the Department of Bioengineering and at the Chelsea and Westminster campus. She is the author of the Wounded trilogy which includes "The Guinea Pig Club: Archibald McIndoe and the RAF in World War Two."

**Mr Michael Coates**  
**Combat Pest Control**

Michael joined the Army in 2000 aged 16. He spend 6 years with the Royal Engineers serving in the UK, Germany, Kuwait and Iraq. Upon leaving the Armed Forces Michael spend a further 9 years serving in the fire service.

He now runs a small business employing members of the military community as well as providing education to children in Afghanistan.

Michael is also the host of the critically acclaimed podcast 'Declassified'. Declassified documents stories from the military community, has had over 300,000 downloads and appeared in the British podcast awards 2019 for 'Best Interview' podcast.

**Professor Nicola Fear**

**King's Centre for Military Health Research**

**Session 2 Chairwoman**

Nicola joined the Academic Department of Military Mental Health at King's College London (KCL) in 2004 having trained as an epidemiologist at the London School of Hygiene and Tropical Medicine and University of Oxford. Nicola has also worked as an epidemiologist within the UK Ministry of Defence. Since 2011, Nicola has been Director of the King's Centre of Military Health Research (KCMHR) alongside Professor Sir Simon Wessely. In 2014, Nicola was awarded a Chair in Epidemiology.

Nicola is the lead epidemiologist on the KCMHR military cohort study and leads several studies examining the impact of military service on families which have been awarded funding from the UK Ministry of Defence and, the US Department of Defense.

Nicola frequently briefs senior government officials and military leaders on the work of KCMHR and the impact of service life on personnel, veterans and families. Nicola also works with several Service charities to evaluate the interventions they deliver to veterans and their families. Nicola has over 220 academic publications and an H-index of 44.

**Professor Nav Kapur**  
**The University of Manchester**

**Suicide Military Veterans**

Nav is Professor of Psychiatry and Population Health at the University of Manchester, UK and an Honorary Consultant Psychiatrist at Greater Manchester Mental Health NHS Foundation Trust. He has spent the last 20 years researching suicidal behaviour, particularly its causes, treatment and prevention. He has led committees for the National Institute for Health and Clinical Excellence (NICE) including those developing guidelines for how all clinical staff should treat people with self-harm. He sits on the main advisory group on suicide for the Department of Health in England and is currently helping to lead a national quality improvement project to prevent suicide.

**Professor Thanos Karatzias**  
**Edinburgh Napier University**

**PTSD and Complex PTSD in veterans: Assessment & Treatment**

Professor Karatzias, is the Director of Research in the School of Health & Social Care at Edinburgh Napier University, UK and Clinical & Health Psychologist at the Rivers Centre for Traumatic Stress, Edinburgh, UK. He is the former Chair of the British Psychological Society Scotland Working Party for Adult Survivors of Sexual Abuse (BPSSS) and he was a member of the Committee of the British Psychological Society (BPS) Crisis, Disaster & Trauma Section. He has spent his entire clinical and academic career working in the field of psychological trauma, particularly on interpersonal psychological trauma. In collaboration with national and international research partners he has developed a special interest in the effects and treatment of psychological trauma on physical and mental health; on general, prison and veteran populations as well as on people with learning disabilities. The last few years he works in the area of Complex PTSD, a new condition in the recently published ICD-11. Prof. Karatzias, has published widely in these areas.

**Dr Neil Kitchiner**  
**Cardiff University**

### **3MDR as a Treatment for Veterans with PTSD**

Neil completed training as a registered mental health nurse 1988, Bedfordshire, England. He has worked as an accredited Cognitive Behavioural Psychotherapist (BABCP) since 1999. Neil has 35 year experience of working in various NHS mental health environments within the UK, (mainly South Wales) and Melbourne, Australia. Neil has worked in the private sector (Priory Hospital, Bristol) and for the past 19 years in the NHS at Cardiff and Vale University Health Board, within the Departments of Liaison Psychiatry, Traumatic Stress Service and Veterans' NHS Wales.

Neil is Director and Consultant Clinical Lead at Veterans' NHS Wales service funded by the Welsh Government. The service offers an out-patient mental health assessment and treatment to ex-service personnel of the armed forces with service related mental health problems.

Neil served as a Capt in the British Army Reserves, with 203 (Welsh) Field Hospital. He deployed to Afghanistan (HERRICK 19a), October 2013 – January 2014, as part of the Army Field Mental Health Team.

He holds an Honorary Senior Research Fellow with Cardiff University. He is involved in two randomised controlled trials for PTSD, a) treatment resistant PTSD in veterans, testing a novel virtual reality and treadmill therapy (3MDR) as a Principal Investigator (study completed July 2019); and b) testing a guided self-help website vs traditional Cognitive Therapy for PTSD in civilians (completes March 2021).

Neil has recently published an updated Cochrane review re: Early psychological interventions for PTSD and a Systematic review and meta-analysis on the psychological therapies for PTSD in active duty and ex-service military personnel.

He regularly lectures and runs workshops on the psychological effects of trauma and psychological therapy for medical and non-medical personnel. He has written over 30 papers including Cochrane Reviews and book chapters.

## **Air Vice-Marshal Ray Lock Forces in Mind Trust**

### **Session 2 Chairman**

Air Vice-Marshal Ray Lock served for 33 years in the RAF during which he piloted fast-jet, transport and training aircraft, and served in a variety of operational command and educational roles. He left the RAF in January 2013, and was appointed as the first Chief Executive of the Forces in Mind Trust, where he still works.

In its first 7 years in being, Forces in Mind Trust has established itself as the foremost generator of credible and independent evidence concerning the Armed Forces Community across a broad range of subjects. The Trust has funded over 100 projects and awarded around £15 million, within which sits a 5-year Mental Health Research Programme, which is co-chaired by King's College London and the Centre for Mental Health. The Trust has established a Research Centre, which includes the ground-breaking Veterans and Families Research Hub, a curated on-line repository that aims to become the first point of contact for anyone seeking evidence on the United Kingdom's Armed Forces Community. The Trust has become increasingly influential, and its work is frequently cited in Government Departments, Parliament and academia.



**Dr Heidi Cramm**  
**Queens University**

**Veteran Transition**

Dr. Heidi Cramm is Associate Professor in the School of Rehabilitation Therapy at Queen's University and the family lead at the Canadian Institute for Military & Veteran Health Research (CIMVHR). An occupational therapist, her research focuses on mental health, trauma, post-traumatic stress, operational stress, and resilience/y among military, Veteran, and family populations.

**Dr Laura Palmer**

**King's Centre for Military Health Research, King's College London**

**PTSD Trajectories**

Laura is Postdoctoral Research Associate at the King's Centre for Military Health Research (KCMHR), King's College London (KCL). Her PhD explored drinking patterns in the UK Armed Forces (UKAF) by modelling quantitative trajectories over time and conducting qualitative interviews. She is currently leading the Forces in Mind Trust (FiMT) funded study, TRIAD (Traumatic exposures in Iraq and Afghanistan and responses of distress in the UK military) which seeks to understand the development of post-traumatic stress disorder (PTSD) among the UKAF and, specifically, why rates are so high among ex-serving regulars who were deployed to Iraq and/or Afghanistan in combat roles.

**Dr Sharon Stevelink**

**King's Centre for Military Health Research, King's College London**

**The Royal Foundation HEADFIT Project**

Dr Sharon Stevelink is a Lecturer in Epidemiology and she is part of the Department of Psychological Medicine and King's Centre for Military Health Research, King's College London. She is driving a research agenda exploring occupational mental health. She is especially interested in how working in high risk occupations, such as the military, police force, fire brigade and ambulance services, impacts on the mental health of these workers, what can be done to foster resilience and how help-seeking for mental health problems can be encouraged. Her research findings informed policy and service delivery concerning the mental health provision for serving and ex-serving military personnel.

**Helen Helliwell**  
**UK Ministry of Defence**

**The Royal Foundation HEADFIT Project**

Helen took up the position of Director Armed Forces People Policy in February 2019. The portfolio is responsible for the strategies and policies to ensure we attract, retain and sustain a sufficient, capable and motivated Armed Forces through the provision of world class enabling HR policies. The policy areas include health, wellbeing and welfare, accommodation strategy, remuneration, terms and conditions of service, modernising the service justice system, transition, and support to families and veterans through the lens of the Armed Forces Covenant.

Prior to this position, Helen was the Hd of Service Personnel Support where she was responsible for the Armed Forces Health, Wellbeing and Welfare portfolio including specific responsibility for delivering the Armed Forces Covenant - a promise by the nation that those who serve and have served, and their families, are not disadvantaged in accessing goods and services.

Helen is a career Senior Civil Servant who joined the Ministry of Defence in 2001; she has held roles in finance, policy, strategy, programme management, HR and ops, across Defence, the Ministry of Justice and the Dept for International Development. In her early career, Helen also enjoyed time as a Royal Navy Reservist (Medical Branch).

Helen has a BSc (Hons) in Physiology and Pharmacology; is a fellow member of the Chartered Institute of Personnel Development and holds the Diploma of Chartered Director with the Institute of Directors.

When not working, Helen enjoys spending time with her family and escaping for runs in the country.

**David Wiseman**  
**The Royal Foundation**

**The Royal Foundation HEADFIT Project**

David served as an Infantry Officer in Iraq and Afghanistan but was medically discharged after receiving a gun shot wound to the chest. Since then he has overseen the development of multiple programmes including the Endeavour Fund, Step Into Health and was a founding member of the executive team that brought the Invictus Games from concept to delivery in 2013/14. David has competed in three Invictus Games and Captained the UK Team in 2016. In 2017, David co-founded the CASEVAC Club.

David has worked in partnership with the MoD to produce HeadFIT – a set of resources designed to help service personnel improve their mental fitness.

David is a keen swimmer, a poor mountaineer, a published author (Helmand to the Himalayas) and was selected by the US State Department for the International Visitor Leadership Programme. He lives in Yorkshire with his young family.

**Mr Hans Pung**  
**RAND Europe**

**Session 4 Chairman**

Hans Pung is president of RAND Europe, a not-for-profit public policy research organisation that helps improve policy and decision-making through research and analysis. With offices in Cambridge (UK), and Brussels (BE), RAND's staff undertakes empirical studies for public, private, and third sector clients on a diverse range of policy issues including innovation, science, health, social policy, defence, home affairs, and infrastructure. Hans is also Chairman of the Forces in Mind Trust (FiMT), a grant awarding body with the aim of enabling all ex-Service personnel and their families to have a successful and sustainable transition to civilian life.

Hans joined RAND as a policy analyst in 2002 and continues to lead and deliver research projects, particularly around industrial economics and security policy issues. He has held a range of senior leadership positions in RAND Europe, including directing RAND's European defence and security research portfolio.

Prior to joining RAND, Hans served as an engineer officer in the United States Army with responsibility for logistics, personnel, and operations and overseas service in the United Kingdom, South Korea, and Germany. He also led the emergency power response team at the Pentagon in the aftermath of 9/11.

A mathematics graduate of the United States Military Academy at West Point where he commanded the United States Corps of Cadets as a senior and played on the (American) football team, Hans also holds advanced degrees in mathematical modelling and modern history from Oxford University, which he attended as a (George C) Marshall Scholar.

**Dr Deirdre Macmanus**

**King's College London**

**Domestic Violence and the Military**

Dr MacManus is a Consultant Forensic Psychiatrist in South London and Maudsley NHS Foundation Trust. She divides her clinical time between her roles as Lead Consultant Psychiatrist for the London and South East of England NHS Veteran Mental Health Service and Consultant Forensic Psychiatrist for Wandsworth Prison. She is also a Reader in Forensic Psychiatry at King's College London. Her research interest is in the field of Trauma and Violence and a significant portion of her research has focused on military populations. Her research has been funded by research bodies such as the Medical Research Council and the National Institute of Health Research, as well as funders of military research such as the UK Ministry of Defence and Forces in Mind Trust. She is Programme Lead for an intercalated BSc for medical students in Forensic Psychiatry, Criminal Behaviour and Law.

## **Dr Dominic Murphy**

### **Combat Stress**

#### **Supporting partners living alongside veterans with PTSD**

Dominic joined the King's Centre for Military Health Research (KCMHR) in 2003 shortly after the Iraq War. Dominic earned his doctorate at KCL exploring vaccinations and medically unexplained symptoms in military personnel in 2010. Dominic then trained as a Clinical Psychologist and completed his clinical doctorate at Royal Holloway University in 2013. In 2013, Dominic joined Combat Stress (a national veterans mental health charity in the UK) where he established and now leads a research department specialising in veteran's mental health. The Combat Stress research department is co-located within the KCMHR where Dominic continues to be a member. Dominic is part of the Forces in Mind Trust mental health steering group, editor for a number of journals and member of several international military mental health research consortiums. In 2019, he was elected the President of the UK Psychological Trauma Society (UKPTS) and onto the executive board of the European Society for Traumatic Stress Studies (ESTSS). Dominic has specialised clinically and academically within the field of PTSD and military mental health and is widely published with over 100 articles to date.



**Professor Dag Aarsland**

**King's College London**

**Healthy Cognitive Ageing & Dementia Risk in the Military Veteran's**

Dag Aarsland, MD, is Professor and Head of Department of Old Age Psychiatry, Institute of Psychiatry, Psychology and Neuroscience at King's College London, and Research Director at the Centre for Age-Related Medicine, Stavanger University Hospital. As a psychiatrist he has worked as a senior consultant in geriatric psychiatry for most of his career. His main research interest is the neuropsychiatric aspects of patients with neurodegenerative diseases, in particular translational studies on cognitive decline in Parkinson's disease and dementia with Lewy bodies. He is PI of European DLB Consortium, member of the Scientific board of LBDA, Member of International DLB Consortium, PI of the Western Norwegian Dementia study and the Prodromal LBD study. He has published more than 400 papers in DLB and related areas, including clinical trials, cohort studies, and a wide range of biomarkers including imaging, CSF and EEG.

**Professor Neil Greenberg,  
Royal College of Psychiatrists Lead for Military and Veterans' Health**

**Helping Armed Forces Loved One (HALO) Trial & The end of the day: closing remarks**

Professor Greenberg is a consultant academic psychiatrist at King's College London. Neil served in the United Kingdom Armed Forces for more than 23 years and has deployed to many hostile environments including Afghanistan and Iraq.

Neil has published more than 200 scientific papers and book chapters many of which are on occupational and traumatic stress management. He is a past President of the UK Psychological Trauma Society, the Royal College of Psychiatrists Lead for Military and Veterans' Health and runs March on Stress (Neil has published more than 200 scientific papers and book chapters many of which are on occupational and traumatic stress management. He is a past President of the UK Psychological Trauma Society, the Royal College of Psychiatrists Lead for Military and Veterans' Health and runs March on Stress ([www.marchonstress.com](http://www.marchonstress.com)) a psychological health consultancy which aims to promote better mental health within organisations.

